

BEACH HOUSE

ASSISTED LIVING & MEMORY CARE

30070 State Road 56 • Wesley Chapel, FL 33543 • (813) 508-6677



Staff Directory

Bonnie Berkman Executive Director
Gabriella Sciarillo Marketing Director
Heather D'Andrea Business Manager
Christine Steinberg Activity Director
Teresa Williams Activity Assistant
Wendy Chaloux Director of Nursing
Karen Mueses Memory Care Director
Kelvin Birotte Culinary Director
John Smith Plant Operations Director

Office Hours

Monday-Friday 8:30am-5:30pm
Saturday & Sunday 10:00am-6:00pm

SAVE THE DATE!!

May 9th for our 2nd annual Mother's Day
Car Parade!
More info to follow.



May 2021



Having fun at Bingo!



Our residents enjoying lunch at Ford's Garage.



The ladies enjoying the Easter Egg Hunt!

Thank You, Nurses!

As the largest group of health care workers, nurses provide care in jobs throughout our communities, with many of these women and men serving on the front lines.

- Worldwide, there are 20 million nurses. Over 4 million nurses are on the job in the U.S.
- The majority of registered nurses work in hospitals. The rest serve in long-term care facilities, at clinics and schools, and in other settings.
- Every year, there's a whole week dedicated to them. Celebrated May 6–12, National Nurses Week ends on the birthday of Florence Nightingale, the founder of modern nursing.
- A lamp symbolizes the nursing career. Nightingale was known as the "lady with the lamp," since she carried one with her at night while checking on her patients.
- Women make up 90% of the field.
- For the past two decades, nursing has been voted the most-trusted profession.

**"Nurses dispense comfort, compassion and caring without even a prescription."
—Terri Guillemets**



Flower of Remembrance

It's a flower that has come to represent all those who have given their lives in times of war. Around Memorial Day, Buddy Poppies start popping up.

The bright red artificial flowers, each with a tag that says "Wear It Proudly," are given out by members of the Veterans of Foreign Wars. The group began the tradition in 1922. The flowers got the name Buddy Poppies because they honored the many military buddies who never came home.

Today, men and women in Veterans Affairs hospitals and homes assemble the poppies, an activity that provides them with financial help and a form of physical therapy. VFW posts distribute the poppies to the public, and the donations collected for them are used to fund programs for veterans and military families.

Using the poppy as a memorial flower was inspired by the famous battlefield poem "In Flanders Fields," written during World War I by Canadian army doctor John McCrae. Poppies were later adopted as symbols by veterans groups in the U.S., Canada, the U.K., Australia, New Zealand and parts of Europe.

Honor and Celebrate

Memorial Day pays tribute to those who have made the ultimate sacrifice while serving in the armed forces. There are many ways you can take part in honoring these heroes.

Explore their stories. Read a military memoir or watch a movie or documentary. You can listen to recordings of veterans' firsthand accounts online at StoryCorps.org.

Tune in to a TV tradition. On the night before Memorial Day, PBS stations broadcast the National Memorial Day Concert, an annual event that honors the fallen and their families with musical performances and personal stories.

Post a tribute. If you have a loved one who is a fallen hero, post a photo and story about them on social media.

Send a letter. Express your thanks in a note to currently deployed troops. Search online for one of many nonprofit groups that gather and distribute letters to those serving overseas.

Visit a memorial. Spend time at a local military monument or museum, or pay your respects at a veterans cemetery. You can also make virtual visits to many war memorials.

Pause at 3 p.m. Stop and reflect during the National Moment of Remembrance, a one-minute pause observed at 3 p.m. local time on Memorial Day.

Welcome

Warm welcome to our new residents!

Betty P., Juanita G., Jordan K., Millie A., Angel A., Florence W., Clark K., Jose D., James & Lorraine L., Ruth R., and Lla K.



Beatrice's Easter Egg Picture Frame at Art Class!



Betty and her cat, Chanella



Charlotte wearing her Easter Bonnet she designed in Art Class.

Birthdays This Month!

| | |
|----------------|------|
| Harry C..... | 3rd |
| David M..... | 12th |
| Ruth R..... | 12th |
| Naomi L..... | 16th |
| Mary K..... | 22nd |
| Gurmeet C..... | 24th |

Activities

Get Involved!

Check the Activities Calendar so you don't miss out on a chance to interact with your fellow residents and make new friends! Bingo, Crafts & Happy Hour



Happy Birthday



Irma and her dog, Trixie



May 2021

- Multi Purpose Room

Dining Room

Sandbar Lounge

Art Studio

Movie Theater
- Seaside Cafe

Courtyard

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|---|
| | | | | | | 1 10:00 Shuffleboard 10:30 Chronicle & Chat 1:30 Bingo 3:30 Courtyard Stroll 6:00 Evening Cinema |
| 2 10:00 Self Stretch & Meditation 10:30 Shuffleboard 1:30 Resident Led Bible Discussion 3:00 Scrabble 6:00 Evening Cinema | 3 10:00 Exercise 10:30 Name that Tune 1:30 Let's Get Crafty! 2:00 Entertainment with Geri Blount! 3:30 Scrabble 6:00 Evening Cinema | 4 10:00 Exercise 10:30 Spa Day! 1:30 Bingo 3:30 Shuffleboard 6:00 Evening Cinema | 5 10:00 Exercise 10:30 Chronicle & Chat 1:00 Craft for Mother's Day 1:30 Spiritual Encouragement 3:00 Wine Wednesday! 6:00 Evening Cinema | 6 10:00 Exercise 10:30 Dunkin' Donuts Social 1:30 Bingo 3:30 Shuffleboard 6:00 Evening Cinema | 7 10:00 Exercise 10:30 Chronicle & Chat 1:30 Trivia 3:00 Happy Hour! 6:00 Evening Cinema | 8 10:00 Shuffleboard 10:30 Chronicle & Chat 1:30 Bingo 3:30 Courtyard Stroll 6:00 Evening Cinema |
| 9 Happy Mother's Day! 10:00 Mother's Day Brunch! 10:30 Shuffleboard 1:30 Resident Led Bible Discussion 3:00 Scrabble 6:00 Evening Cinema | 10 10:00 Exercise 10:30 Name that Tune 1:30 Let's Get Crafty! 2:00 Entertainment with Ralph Espinosa! 3:30 Scrabble 6:00 Evening Cinema | 11 10:00 Exercise 10:30 Spa Day! 1:30 Bingo 3:30 Shuffleboard 6:00 Evening Cinema | 12 Happy Birthday Ruth R. 10:00 Exercise 10:30 Chronicle & Chat 1:00 Make your own Mother's Day picture frame 1:30 Spiritual Encouragement 3:00 Wine Wednesday! 6:00 Evening Cinema | 13 10:00 Exercise 10:30 Dunkin' Donuts Social 1:30 Bingo 3:30 Shuffleboard 6:00 Evening Cinema | 14 10:00 Exercise 10:30 Chronicle & Chat 1:30 Trivia 3:00 Happy Hour! 6:00 Evening Cinema | 15 10:00 Shuffleboard 10:30 Chronicle & Chat 1:30 Bingo 3:30 Courtyard Stroll 6:00 Evening Cinema |
| 16 10:00 Self Stretch & Meditation 10:30 Shuffleboard 1:30 Resident Led Bible Discussion 3:00 Scrabble 6:00 Evening Cinema | 17 10:00 Exercise 10:30 Name that Tune 1:30 Let's Get Crafty! 3:30 Scrabble 6:00 Evening Cinema | 18 10:00 Exercise 10:30 Spa Day! 1:30 Bingo 3:30 Shuffleboard 6:00 Evening Cinema | 19 10:00 Exercise 10:30 Chronicle & Chat 1:30 Spiritual Encouragement 3:00 Wine Wednesday! 6:00 Evening Cinema | 20 10:00 Exercise 10:30 Dunkin' Donuts Social 1:30 Bingo 3:30 Shuffleboard 6:00 Evening Cinema | 21 10:00 Exercise 10:30 Chronicle & Chat 1:30 Trivia 3:00 Happy Hour! 6:00 Evening Cinema | 22 10:00 Shuffleboard 10:30 Chronicle & Chat 1:30 Ice Cream Social 3:30 Courtyard Stroll 6:00 Evening Cinema |
| 23 10:00 Self Stretch & Meditation 10:30 Shuffleboard 1:30 Resident Led Bible Discussion 3:00 Scrabble 6:00 Evening Cinema | 24 10:00 Exercise 10:30 Name that Tune 1:30 Let's Get Crafty! 3:30 Scrabble 6:00 Evening Cinema | 25 10:00 Resident Council Meeting 10:30 Spa Day! 1:30 BINGO AUCTION! 3:30 Shuffleboard 6:00 Evening Cinema | 26 10:00 Exercise 10:30 Chronicle & Chat 1:00 Patriotic Memorial Day Craft 1:30 Spiritual Encouragement 3:00 Wine Wednesday! 6:00 Evening Cinema | 27 10:00 Exercise 10:30 Dunkin' Donuts Social 1:30 Bingo 3:30 Shuffleboard 6:00 Evening Cinema | 28 10:00 Exercise 10:30 Chronicle & Chat 1:30 Trivia 3:00 Happy Hour! 6:00 Evening Cinema | 29 10:00 Shuffleboard 10:30 Chronicle & Chat 1:30 Bingo 3:30 Courtyard Stroll 6:00 Evening Cinema |
| 30 10:00 Self Stretch & Meditation 10:30 Shuffleboard 1:30 Resident Led Bible Discussion 3:00 Scrabble 6:00 Evening Cinema | 31 Memorial Day 10:00 Exercise 10:30 Name that Tune 1:30 Let's Get Crafty! 3:30 Scrabble 6:00 Evening Cinema | | | | | |

Viva, Mexico

The annual holiday of Cinco de Mayo, May 5, has grown into a celebration of Mexican heritage in America. Explore how you connect to this country and its culture.

- Are you of Mexican heritage? What about other family members or friends?
- Have you ever traveled to Mexico? If you have, what places and landmarks did you visit?
- Mexico has the world's largest population of people who speak Spanish. Do you speak the language?
- Does your community or city usually celebrate Cinco de Mayo with a party, festival or parade? What do the festivities include?
- One of the most popular ways to commemorate the holiday is with food, such as tacos and tamales. Do you enjoy Mexican cuisine? If so, what are your favorite dishes?
- Have you been to a traditional Mexican wedding or other type of fiesta?
- Mariachi music, the Mexican hat dance, and folk dancing are a few of the familiar entertainment traditions of Mexico. Have you enjoyed any of these performances?



Residents having fun at Happy Hour!



Mary working on her Easter project.



Ruth R., our new resident, was a Spanish teacher. Welcome home!

Resident Spotlight



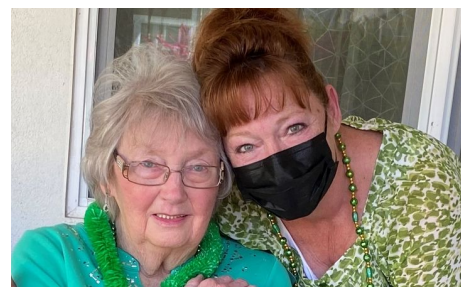
Ed, Walter, & Joann enjoying happy hour while listening to music.



Our resident, Mary A., has been playing the piano since she was 6 years old and is now playing for us at Happy Hour!



Residents playing shuffleboard in our beautiful Courtyard.



Charlotte enjoying her Birthday on St. Patrick's Day!

The Teddy Bear was named after the original leader of the Rough Riders, our 26th president, Theodore Roosevelt. In November of 1902, President Roosevelt traveled to the South to help settle a border dispute between Mississippi and Louisiana. During the trip he decided to go hunting for bear. But his hunt was going poorly that day. So, his hunting guides, not wanting the president to go home disappointed, captured a bear, tied it to a tree and invited him to shoot it. But Teddy Roosevelt was a man of great character! He considered firing at such a helpless target to be unsportsmanlike and refused to shoot. His refusal to shoot the captured bear inspired Washington Post cartoonist Clifford Berryman to draw this cartoon with its play on the two ways Roosevelt was "Drawing the Line in Mississippi" settling a border dispute and refusing to shoot a captive animal. The good sportsmanship Roosevelt demonstrated sealed his reputation for being fair and increased his popularity with the American people. The cute picture of the bear, with its round ears and large eyes, inspired toy makers to create a sweet innocent-looking toy bear that sat upright. They received permission from the President to call it "Teddy's Bear." It was an instant hit with the public, and remains one of the most popular toys in America - The Teddy Bear!



Cartoon of Teddy Roosevelt with captive bear



Walter B. with his Teddy Bear.



Ed M. and his 80-year-old Teddy Bear his sister, Joann, bought for him when he was a little boy.



Bonnie, our Executive Director, and her Teddy Bear!



Beatrice and Sergio with the Rough Rider and their Teddy Bear!



The Rough Riders setting up to give the residents their Teddy Bears! This was so much fun! The residents loved it!



Delivering *quality and innovation* in patient care



NATIONAL
Nurses WEEK
MAY 6-12