

## RESPITE STAY PACKING GUIDE

Planning Your Stay: Not sure what to pack for your respite stay at Beach House? Use this helpful list to ensure you have everything you need during your stay.

Clothing	Toiletries/Personal Items
Multiple sets of comfortable clothing marked clearly with laundry marker for easy identification if Beach House will be providing	Your personal hygiene products, i.e. shampoo, conditioner, toothpaste, hairbrush and/or comb, and nail care items
laundry service	Make-up/cosmetics
Soft shoes	Dentures, partials and or/glasses
Undergarments and socks	Books, magazines, cards, laptop or tablet (free Wi-Fi is available)
Pajamas and non-skid slippers	
Everyday outerwear, i.e. button- or zip-front shirts or jackets	

Please do not bring:

• Jewelry • Cash • Prescriptions • Smoking materials